

HELLO FEBRUARY

Welcome to February, Natasha!

The coming month is one of changes for you, Natasha. The good news is that you are firmly planted in the driver's seat here. You may find, therefore, that it is your actions and choices that set the pace and tone of your month ahead. You are encouraged against knee jerk reactions and rushed decisions this month, as there is an opportunity for you to carefully consider your options, and set the template for broader, more long term efforts that kick off over this month and the next. You are encouraged to think and plan ahead, and so every decision now is best made with foresight and an objective mindset.

This is particularly with matters around home and family, and your ambitions and intentions for the persons and matters before you.

You may find that certain persons could push your buttons or amplify the pace and pressure of things. These are persons who are likely close to you, but it may not be the month to get emotional with them. The challenges or questions in your path need you to come together and work with them in a practical, positive way. Your own leadership and focus is crucial to this. Be on guard here, and be assured- you have the strength and vision here to take charge and keep things on a positive and constructive course, inspite of their doubts and reservations. The key here is to be decisive and proactive with your efforts, letting your actions speak for you and your experiences guide those next steps. Even when others may be losing their nerve, you are reminded to keep a firm grasp on the reins as you work on these matters.

You may find that the experiences this month could therefore be demanding and busy in some way. But Spirit reveal that these experiences and choices are sent to reveal and amplify your own strengths. You may inadvertently prove yourself in new ways- to yourself, and to those around you. Be prepared for your working dynamics and personal connections to find new balance, as others witness the strength and responsibility you are able to carry with ease. You may not have asked for these responsibilities or strengths, but it is now time for these energies to emerge and shape your path, plans and next steps.

In this regard, February is likely to be a promising month. Make sure you buckle down and focus on home, family and your immediate surroundings to put this promise to work for you.

Theme : Personal Power and Initiative

Affirmation : "The Strength I Need is Within Me"

Spiritual Totem : The White Wolf is your guiding spirit this month. The White Wolf embodies wisdom and courage- she is protective of her pups, but also firm and clear with her leadership and choices. She is as disciplined and self reliant with her efforts and plans, as she is loyal and loving. The White Wolf comes in to remind you to trust your self, and the reserve of wisdom and strength that lies within you. Any solutions and positive outcomes come from your efforts and energies, and the White Wolf reminds you to honour yourself- even when the solutions are not apparent.